



**WEBINAR**

**9 May 2023**

**19.00 EST**

## Post-acute Hip Fracture Management

***Chairs:***

***Christine McDonough, Patricia Dickson***

### **AGENDA**

***Jennifer-Stevens-Lapsley***

**Barriers and solutions to implementing progressive rehabilitation in challenging populations**

***Linda McAllister***

**Clinical and Practical Considerations for Success in Achieving Extended Exercise and Long-term Rehabilitation**

***Lauren Beaupre***

**Patients with Cognitive Impairment can also benefit from Rehabilitation after a Hip Fracture**

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Dr. Stevens-Lapsley is a Professor and Director of the Rehabilitation Science PhD Program as well as the PT Section Director for Research and Development in the Physical Therapy Program at the University of Colorado Anschutz Medical Center. She is also the Associate Director for Research for the Geriatric Research Education and Clinical Center within the Eastern Colorado Healthcare System. She is focused on identifying, integrating, and advancing innovative evidence-based medicine solutions for older adult rehabilitation through highly effective research methods and partnerships. She has 20 years of clinical research experience including patients after joint arthroplasty and medically complex patient populations. Her clinical research has resulted in over 150 publications, numerous awards, and over \$20 million dollars to support her clinical research in the past 15 years.

Linda McAllister, PT, DPT, GCS has been practicing in diverse geriatric settings since 2001 and currently practices in home health with EvergreenHealth in Kirkland, WA. Dr. McAllister has multiple geriatric certifications. She lectures nationally with GREAT Seminars and books and is an adjunct faculty member of Arcadia University's transitional DPT program, teaching content in Geriatric Physical Therapy. She has been the principle investigator in clinical research studying sit-to-stand testing using the upper extremities in the older adult. She serves as coordinator of the Geriatric Trained & Certified Clinical Specialist for GREAT Seminars.



Lauren Beaupre is a Professor of Physical Therapy and the Dr. David Magee Endowed Chair in Musculoskeletal Research at the University of Alberta in Edmonton, Canada. Lauren is the current President of the FFN and has been engaged with the FFN for several years through the Scientific Committee and the Hip Fracture Recovery Research and Physiotherapy Special Interest Groups. Her research interests are in recovery after hip fracture and access to rehabilitation following fragility fracture for those with cognitive impairment. Lauren also performs implementation science research and led a team that provided evidence to support Alberta's adoption of secondary fracture prevention programs.

Christine McDonough, PT, PhD, is an assistant professor in the Department of Physical Therapy and in Orthopaedic Surgery at the University of Pittsburgh. Her research focuses on implementation of evidence-based practice in orthopaedic and geriatric rehabilitation to prevent and treat disability. Dr. McDonough conducts health services, clinical, and implementation research in fracture and fall prevention, and return-to-work best practice. Her service activities focus on development of clinical practice guidelines (CPGs) for the American Physical Therapy Association (APTA). She is the team lead for the APTA's Physical Therapy Hip Fracture Management clinical practice guideline. She serves on the Editorial Board of the Physical Therapy and Rehabilitation Journal.



Patricia enjoys a unique role as the Advanced Practice Occupational Therapist within Holland Bone & Joint Program at Sunnybrook Health Sciences in Toronto, Canada. Patricia works in an expanded-scope role primarily in the areas of hip & knee arthritis and hip fracture and is the Clinical Supervisor of the Advanced Practice Provider Team. She holds an Adjunct Lecturer appointment at the University of Toronto. She is a member of Ontario's Rehabilitative Care Alliance (RCA) Steering Committee and Frail Older Adults Advisory group and past Chair of the RCA's Provincial Hip Fracture Best Practices Task Group. Patricia was a contributing member of the Expert Panel for Health Quality Ontario's Hip Fracture Quality Guidelines.